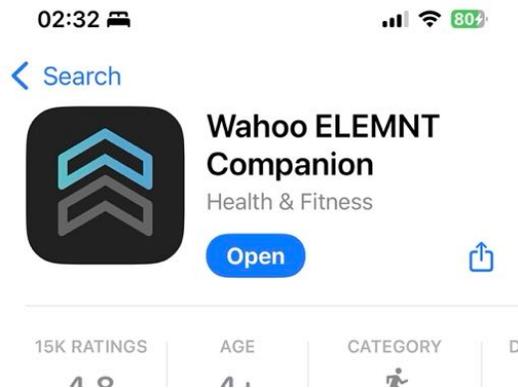


Getting started with routes and a Wahoo

GETTING STARTED

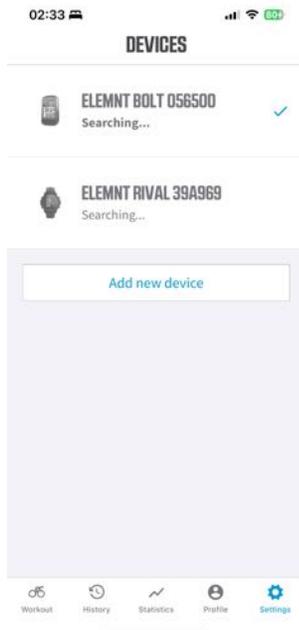
1. Install Wahoo ELEMNT Companion app on your phone



2. Create an account and connect a device on the ELEMNT app

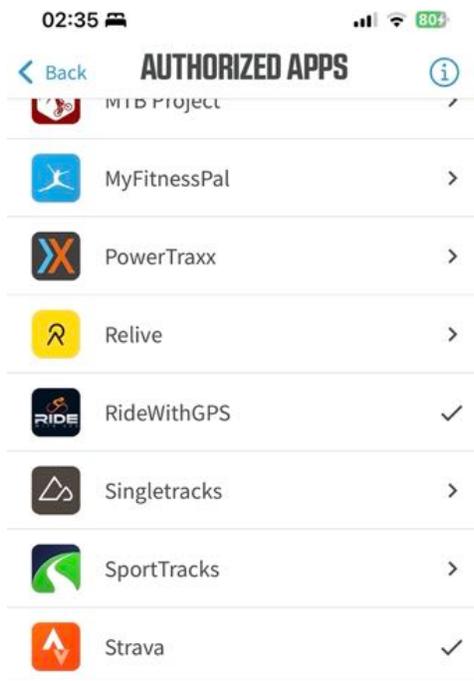
Settings/add a new device

You will need to have your Wahoo turned on and alongside - follow the prompts on screen



3. Connect the ELEMNT app to Strava and Ride with GPS

Profile/Authorised Apps



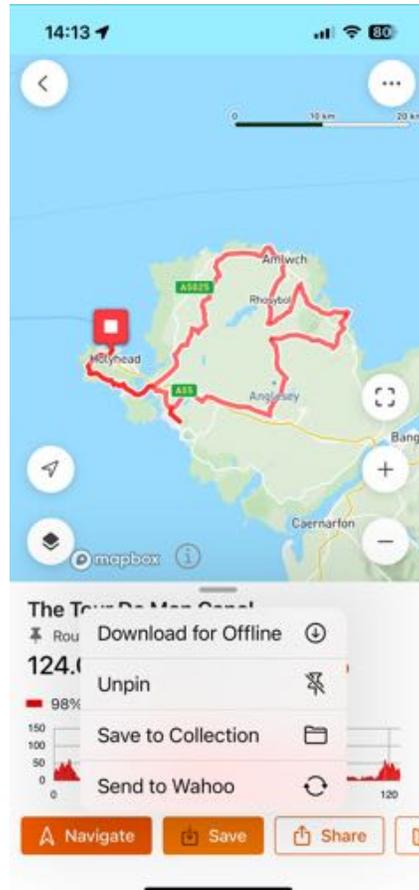
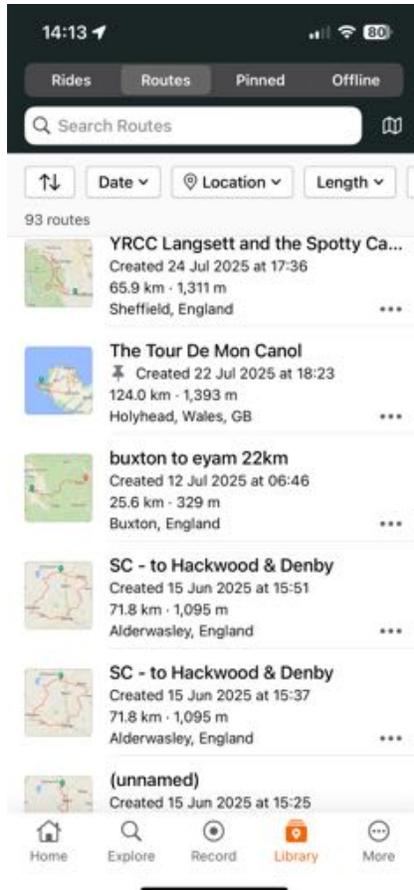
Once connected, your Ride with GPS route library will appear within the ELEMNT app. Workout/Routes (Sort by starred for pinned routes)

ROUTES

4. Transfer route to Wahoo - part 1

Open 'Ride with GPS' app and choose the route you plan to ride

Library/Routes (or Pinned)/Save/Send to Wahoo



Routes will transfer via Wi-Fi or Bluetooth and will be saved to 'pinned' routes. The Wahoo does not need to be turned on at this stage BUT I would always suggest that you load the route on the Wahoo whilst you have WiFi (next step)

5. Load the route on the Wahoo - part 2

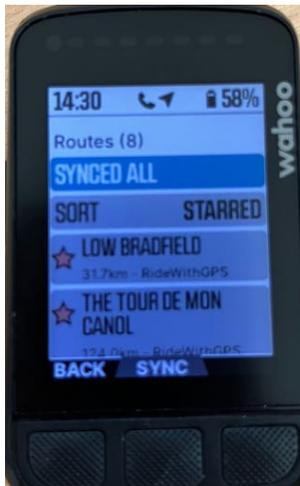
Turn on your Wahoo device, navigate to 'Routes'/Select



Navigate to 'Sync'/Sync The number of routes may change



Navigate downwards to find the route you want/Select



Wahoo will ask if you want to be routed to the start - would always suggest 'No'
Navigate up to start/Start



Once you stop you have the option to 'stop'. Ride will be saved and automatically uploaded to Strava